

# COLD



# FLU



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## SYMPTOMS

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Rare in adults and older children, but can be high as 102°F in infants and small children.	Fever	Usually 102°F, but can go up to 104°F and usually last 3 to 4 days
Rare	Headache	Sudden onset, can be severe
Mild	Muscle aches	Usual, and often severe
Mild	Tiredness/weakness	Can last 2 or more weeks
Never	Extreme exhaustion	Sudden onset, can be severe
Often	Runny nose	Sometimes
Often	Sneezing	Sometimes
Often	Sore throat	Sometimes
Mild hacking cough	Cough	Usual, can become severe

**Check  
your symptoms,  
ask your  
doctor for advice.**

